

AT LAST, A TEAM APPROACH TO SPINE

SpineNevada Overview

James J. Lynch, MD, FRCSI

Board-Certified Neurological Surgeon, Fellowship-Trained Spine Surgeon

Dr. Lynch is a neurological surgeon who specializes in complex spine surgery, cervical disorders and minimally invasive spine surgery. He previously served as the Chief of Neurosurgery at St. Mary's Hospital in Reno. Dr. Lynch is a frequent lecturer at national meetings that focus on the latest trends in spine surgery and minimally invasive spine technology. He earned his medical degree from Trinity College in Dublin, Ireland, followed by a residency at the Mayo Clinic in Rochester, Minnesota. Dr. Lynch went on to complete a spine fellowship at the National Hospital for Neurology and Neurosurgery in Queens Square, London, UK, followed by a spine fellowship at the Mayo Clinic and another spine fellowship under Volker Sonntag, MD, at Barrow Neurological Institute in Phoenix, Arizona. He has contributed to published work in *Journal of Neurosurgery*, *Neurosurgery* and *Spine*. He has recently been selected as one of the Best Doctors in America, 2007-2008. Dr. Lynch is the president, founder and CEO of SpineNevada.



Lali Sekhon, MD, PhD, FRACS, FACS

Board-Certified Neurological Surgeon, Fellowship-Trained Spine Surgeon

Dr. Sekhon joins SpineNevada from his neurosurgical practice at Royal North Shore Hospital in Sydney, New South Wales, Australia, where he also taught neurological surgery as an associate professor at the University of Sydney. He completed his neurosurgical residency at The Prince of Wales and Prince Henry Hospitals, The Sydney Children's Hospital and Royal North Shore Hospital in Sydney, Australia. Dr. Sekhon completed a fellowship in general neurosurgery at the Mayo Clinic in Rochester, Minnesota, as well as a spinal fellowship at Toronto Western Hospital in Ontario, Canada. Dr. Sekhon has received numerous honors and awards including the Young Neurosurgeons Award from the World Federation of Neurosurgeons and the 2000 Outstanding Clinical Research Award from the Cervical Spine Research Society. Dr. Sekhon is also the only AO Spine Faculty member in the Reno/Carson City Area.



Denis Patterson, DO

Physical Medicine & Rehabilitation, Board-Certified Pain Medicine, Fellowship-Trained in Interventional Pain Management

Dr. Patterson joined SpineNevada in August 2007 after successfully completing an Interventional Pain Management Fellowship at Emory University in Atlanta, Georgia. He specializes in common and complex neurological disorders and musculoskeletal issues. He earned his undergraduate degree at the University of Colorado at Boulder and his medical degree at Michigan State University in East Lansing, Michigan. He completed a residency in Physical Medicine and Rehabilitation at the Mayo Clinic in Rochester, Minnesota. While in residency, Dr. Patterson had a special interest in diagnostic and therapeutic uses of ultrasound for musculoskeletal disorders. He completed a research project comparing the accuracy of non-guided versus ultrasound guided injections into common peripheral joints. He presented his findings at the American Academy of Physical Medicine and Rehabilitation annual meeting in November of 2006.



Kristen Connolly, PT, DPT

Physical Therapist

Kristen joined the Physical Therapy Department at SpineNevada in 2007. She earned a Doctor of Physical Therapy from Northwestern University Physical Therapy and Human Movement Sciences in 2006. Kristen recently completed the first part of her training in the McKenzie method of Mechanical Diagnosis and Therapy of the Spine. Kristen treats patients according to their individual needs to reduce pain, return to their activities, and maintain a healthier neck and back to better enjoy their lives.



SpineNevada takes a multidisciplinary approach to spine, incorporating the expertise of



fellowship-trained spine surgeons that are proficient in complex spine surgery and minimally invasive spine surgery;

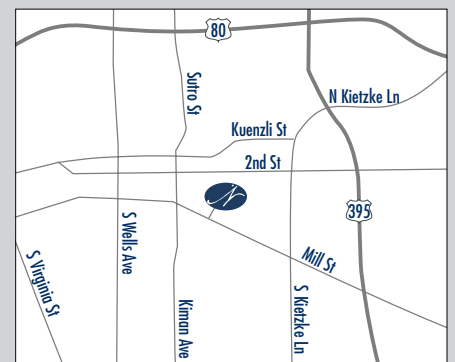


physical medicine and rehabilitation physicians that specialize in nonsurgical relief of back and neck pain



and spine-specialized therapists that use hands-on techniques and customized exercises that return back and neck pain sufferers to activity.

For appointments & referrals, call
775.348.8800
spinenevada.com



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Spine Nevada
a center of excellence